

First Announcement



SPORTS PSYCHOLOGY ASSOCIATION OF INDIA

**34th Annual Conference of Sports Psychology
Association of India**

INTERNATIONAL CONFERENCE

**“PSYCHOLOGY FOR SPORTING SUCCESS:
ENHANCING PERFORMANCE AND
WELLNESS”**

17 & 18 April 2025,

Jaipur

Organized by

Department of Physical Education, Sports and Yoga

Manipal University, Jaipur



**MANIPAL
UNIVERSITY JAIPUR**

University under Section 2(f) of the UGC Act

**Under Auspices of
Sports Psychology Association of India (SPAI)**

About Manipal University Jaipur

Manipal University Jaipur (MUJ) is a prominent institution of higher education established in 2011 as part of the renowned Manipal Education and Medical Group. Located on a 122-acre campus in Jaipur, Rajasthan, MUJ has quickly risen to become one of the top universities in the region. The university is recognized by the University Grants Commission (UGC) and approved by the All-India Council for Technical Education (AICTE). It has also earned an A+ grade accreditation from the National Assessment and Accreditation Council (NAAC), highlighting its commitment to academic excellence. MUJ offers a wide range of undergraduate, postgraduate, integrated, and doctoral programs across various disciplines including Engineering, Architecture, Planning, Fashion Design, Interior Design, Fine Arts, Hospitality, Humanities, and Management. The university is known for its state-of-the-art infrastructure, including advanced research facilities and a modern digital library. The university's commitment to research and innovation is evident in its rapid growth in scientific knowledge, which aligns with its mission to drive economic and societal development through science, technology, and innovation.

Sports Psychology Association of India (SPAI), the pioneer organization of open-minded and professionally competent academicians, researchers and practitioners of sport psychology is an affiliated unit of International Society of Sport Psychology (ISSP), and Asian South-Pacific Association of Sport Psychology (ASPASP). SPAI with a cadre strength of approximately 700 members from various shades of professional fields of research, application and literary interests across the country announces the 34th Annual Conference of SPAI hosted by the Department of Physical Education, Sports and Yoga, Manipal University, Jaipur from 10-12 April, 2025.

CONFERENCE THEME –

Psychology for Sporting Success: Enhancing Performance and Wellbeing

The 34th annual conference of SPAI aims to explore possibilities of how psychological strategies can enhance athletic performance and overall wellbeing, and offering cutting-edge insights and practical tools for athletes, coaches, and sports psychologists alike. By integrating the latest psychological research with real-world applications, the event seeks to foster a holistic approach to sporting excellence that emphasizes both mental and physical health. Through plenary sessions, invited lectures, panel discussions, and paper presentations, the conference will focus on the critical role sport psychology plays in enhancing performance across sports and offer vast avenues for scientific interaction among all stakeholders in the sport and psychology fields

Sub Themes:

- **Advancements in Sport Psychology:** Technology and Innovation
- **Customization in Psychological Interventions:** Tailoring Approaches to Individual Needs
- **Mental Health and Wellbeing:** Creating a Supportive Environment for Athletes
- **Motivation and Drive:** Understanding the Psychology of Athlete Engagement
- **Resilience and Mental Toughness:** Overcoming Adversity and Performing Under Pressure
- **Team Dynamics and Leadership:** Psychological Approaches to Enhancing Team Performance
- **Focus and Attention:** The Psychology of Peak Performance
- Psychological Development in Young Athletes and Gender Issues in Sports
- **Mindfulness and Mental Skills Training (MST):** Enhancing Psychological Wellbeing
- Interdisciplinary Collaboration: Integrating Sport Psychology with Other Disciplines
- **Ethical Considerations and Professional Development in Sports Psychology**

For further details:

Log in at:

www. <https://jaipur.manipal.edu/foa/departement-physical-education-sports.php>

www. https://spaionline.spaionline.com/academic?page=upcoming_annual

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