



MANIPAL UNIVERSITY
JAIPUR



**Department of Physical Education
Sports and Yoga, Manipal University, Jaipur**

in collaboration with

Sports Psychology Association of India (SPAI)

organizing

34th Annual Conference of Sports Psychology Association of India

International Conference

on

**Psychology for Sporting Success:
Enhancing Performance and Wellness**

 **17th - 18th April 2025 (Thursday & Friday)**

 **Venue:** Manipal University Jaipur, Jaipur Rajasthan, India

 **Hybrid Mode**



Paper Submission Email: acsp7739@gmail.com

About Manipal University Jaipur (MUJ)

Manipal University Jaipur Manipal University Jaipur (MUJ) is a prominent institution of higher education established in 2011 as part of the renowned Manipal Education and Medical Group. Located on a 122-acre campus in Jaipur, Rajasthan, MUJ has quickly risen to become one of the top universities in the region. The university is recognized by the University Grants Commission (UGC) and approved by the All-India Council for Technical Education (AICTE). It has also earned an A+ grade accreditation from the National Assessment and Accreditation Council (NAAC), highlighting its commitment to academic excellence. MUJ offers a wide range of undergraduate, postgraduate, integrated, and doctoral programs across various disciplines including Engineering, Architecture, Planning, Fashion Design, Interior Design, Fine Arts, Hospitality, Humanities, and Management. The university is known for its state-of-the-art infrastructure, including advanced research facilities and a modern digital library. The university's commitment to research and innovation is evident in its rapid growth in scientific knowledge, which aligns with its mission to drive economic and societal development through science, technology, and innovation.

About Sports Psychology Association of India (SPAI)

Sports Psychology Association of India (SPAI), the pioneer organization of open-minded and professionally competent academicians, researchers and practitioners of sport psychology is an affiliated unit of International Society of Sport Psychology (ISSP), and Asian South-Pacific Association of Sport Psychology (ASPASP). SPAI with a cadre strength of approximately 700 members from various shades of professional fields of research, application and literary interests across the country announces the 34th Annual Conference of SPAI hosted by the Department of Physical Education, Sports and Yoga, Manipal University, Jaipur from 17th & 18th April, 2025.

About the Conference

The 34th annual conference of SPAI aims to explore possibilities of how psychological strategies can enhance athletic performance and overall wellbeing, and offering cutting-edge insights and practical tools for athletes, coaches, and sports psychologists alike. By integrating the latest psychological research with real-world applications, the event seeks to foster a holistic approach to sporting excellence that emphasizes both mental and physical health. Through plenary sessions, invited lectures, panel discussions, and paper presentations, the conference will focus on the critical role sport psychology plays in enhancing performance across sports and offer vast avenues for scientific interaction among all stakeholders in the sport and psychology fields.

Organizing Committee

Chief Patron



Mr. S Vaitheeswaran
Chairperson, MUJ

Patrons



Dr N N Sharma
President, MUJ



Dr M L Kamlesh
Patron, SPAI

Co-Patrons



Dr Karunakar A Kotegar
Pro President, MUJ



Dr Brajesh Kumar
Dean, FoMCA, MUJ



Dr Nitu Bhatnagar
Provost, MUJ



Dr Amit Soni
Registrar, MUJ



Dr Anil Karwande
President, SPAI

Organizing Chair



Dr Trishu Sharma
Associate Dean, School of Arts
Manipal University Jaipur

Conveners



Dr Rina Poonia
Director & Head
Physical Education Sports and Yoga, MUJ



Dr Anil Ramchandran
Secretary General
Sports Psychology Association of India

Organizing Secretary



Dr Bindiya Rawat
Physical Education Sports and Yoga
MUJ

Joint Secretary



Dr Deepak Bangari
Physical Education Sports and Yoga
MUJ



Mr. Mohit Sharma
Physical Education Sports and Yoga
MUJ

Co-ordinator



Mr. Sanjeev Sharma
Physical Education Sports and Yoga
MUJ



Theme & Sub-themes of the Conference

- **Advancements in Sport Psychology**
- **Customization in Psychological Interventions: Tailoring Approaches to Individual Needs**
- **Mental Health and Wellbeing: Creating a Supportive Environment for Athletes**
- **Motivation and Drive: Understanding the Psychology of Athlete Engagement**
- **Resilience and Mental Toughness: Overcoming Adversity and Performing Under Pressure**
- **Team Dynamics and Leadership: Psychological Approaches to Enhancing Team Performance**
- **Focus and Attention: The Psychology of Peak Performance**
- **Psychological Development in Young Athletes and Gender Issues in Sports**
- **Mindfulness and Mental Skills Training (MST): Enhancing Psychological Wellbeing**
- **Interdisciplinary Collaboration: Integrating Sport Psychology with Other Disciplines**
- **Ethical Considerations and Professional Development in Sports Psychology**
- **Technology and Innovations in Sports and Performance**
- **Sports Management and Marketing**
- **Sports Journalism: Evolving Narratives and Media Trends**
- **Social and Organizational aspects of Sports Performance**



Registration Details

Sr. No.	Category			
	Delegates	SPAI Members	Research Scholars/ Students	Research Scholars/ Students (SPAI Members)
Offline	₹ 3000.00	₹ 2500.00	₹ 2000.00	₹ 1600.00
Online	₹ 1000.00	₹ 1000.00	₹ 750.00	₹ 750.00

Payment link is provided below:

<https://rzp.io/l/FGOLH6Zud>

Note: All co-authors of accepted papers must register for the conference.

Email Id for paper communication: acsp7739@gmail.com

Important Dates*

Abstract Submission : March 17, 2025

Acceptance Confirmation : March 21, 2025

Full Paper Submission : April 04, 2025

The conference would be organized through hybrid platform and the presenters would be shared the details.

Publication Fees will be as per Journal

For further details:

Log in at

<https://jaipur.manipal.edu/foa/department-physical-education-sports.php>

<https://spaionline.in/>

For Query Contact:

Dr Bindiya Rawat

+919569639943

Dr Deepak Bangari

+919356032440

Mr Mohit Sharma

+919424900728

